

Molly A. Boes, MA, MT-BC
845 Kenneth Street, Saint Paul, MN 55116
Phone: 918-808-3740 Email: molly.boes@gmail.com

PROFILE

Master's level board certified music therapist passionate about bettering the lives of those around her. Possesses strong leadership and interpersonal skills and can effectively communicate with others in a variety of settings. Interested in continued educational trainings and mentoring student interns. Invested in supporting others and accessing creativity to encourage strengths. Strong desire to continue working with families and children.

EDUCATION

Drexel University- Philadelphia, PA June 2010
Master of Arts in Creative Arts in Therapy-Music Therapy
Thesis: *An Exploration of Music Therapy as a Strength-Based Treatment for Adolescents with Chronic Medical Conditions and Depressive Symptoms*
Awards: Outstanding Overall Achievement in Creative Arts in Therapy Department

St. Olaf College- Northfield, MN May 2008
Bachelor of Arts in Music, Biomedical Studies Concentration

PROFESSIONAL EXPERIENCE

Ensemble Music- Minneapolis, MN January 2011-Present
Music Together Teacher

- Teach Music Together early childhood music and movement classes to infants and young children, supporting musical, physical, and emotional development.
- Educate caretakers on the importance of musical interactions and support musical discovery.
- Develop lesson plans to utilize creativity and capture attention throughout each class.
- Manage group dynamics to encourage and support participation.

PRACTICUMS AND INTERNSHIPS

Children's Hospital of Philadelphia- Philadelphia, PA September 2009-June 2010
Pediatric Medical Hospital, Music Therapy Intern

- Provided individual music therapy sessions with patients and their families on the pediatric intensive care, progressive care, adolescent, bone marrow transplant, general oncology, cardiac, and pulmonary units.
- Led music therapy groups on the neurology and hematology units and an art therapy/music therapy combined group on the surgery recovery unit with the goals of improving self-esteem, promoting social skill interactions, and providing an outlet for emotional expression related to illness and hospitalization.
- Collaborated with other creative arts therapists and child life specialists to provide family-centered care throughout the hospital.
- Increased awareness of music therapy services by providing Music Therapy In-Service, assisting supervisor with annual Employee Holiday Concert, and supplying music for memorial services.

Broomall Nursing and Rehabilitation Center- Broomall, PA March- June 2009
Geriatric and Dementia Care Living Facility, Music Therapy Practicum Student

- Led groups on the Alzheimer's and dementia unit with the goals of reality testing, social interaction, and mental stimulation for the residents.
- Supported music therapist in weekly intergenerational music therapy groups where preschool aged children participated with the residents in Music Together activities.
- Conducted yearly personal interest assessments for resident's charts.

Academy in Manayunk- Manayunk, PA September 2008-March 2009
School for Children with Learning Disabilities, Music Therapy Practicum Student

- Assisted music therapist with daily classes by redirecting behaviors and supporting conflict resolution.
- Created a new learning component for Lower School students called “Fun Instrument Friday,” where new and unfamiliar instruments were brought in for the students to explore and ask questions about to provide opportunities for healthy relationships and interactions.
- Supported students and music therapist in holiday concert and talent show, which were performed for parents and staff to encourage self-esteem and goal achievement.

Good Samaritan Society Specialty Center- Minneapolis, MN Summer 2007
Long Term Care Facility, Undergraduate Music Intern

- Collaborated in music groups on the men’s behavioral locked unit to provide space for creative expression.
- Co-led group sessions with a Neurologic Music Therapy emphasis on the younger adult unit.
- Partnered with Art Therapist and Recreational Activity Director in organizing all-house social events

RELEVANT EXPERIENCE & TRAININGS

American Music Therapy Association National Conference- Cleveland, OH November 2010
Research Poster Session Presenter

Academy of Community Music- Fort Washington, PA Summer 2009
Summer Program Music Therapist & Instructor

- Taught recorder to inner city children during the Philadelphia Reads summer program.
- Organized schedule and divided students into groups with camp directors.

Children’s Hospitals and Clinics of Minnesota- Minneapolis, MN Summer 2008
Music Therapy Volunteer

- Assisted music therapist with individual music therapy sessions on the oncology unit.
- Learned about music therapy’s role within a pediatric medical setting.

The Autism Society of Minnesota Wahode Day Camp- White Bear Lake, MN Summer 2008
Camp Counselor

- Provided 2-on-1 support for children for all day camp activities
- Helped children in music therapy, social interaction, sensory exploration, art, and movement.

Muscular Dystrophy Association Camp Courage- Golden Valley, MN Summer 2008
Volunteer Camp Lifeguard

- Supported and supervised campers during open swim hours.
- Educated campers about water safety.

Board Certified Music Therapist 2010-Present
Young Nonprofit Professionals Network of the Twin Cities 2014-Present
Music Therapy Association of Minnesota Member 2011-Present
Minnesota Creative Arts Therapies Association Member 2011-Present